

Contact: Lumbie Mlambo
Tel. 817/705-6212
Toll. 800/338-4319
Email: mbomla@hotmail.com

FOR IMMEDIATE RELEASE

EQUANIMITY LLC TO LAUNCH EQUANIMITY MAGAZINE **Magazine Focuses on Achieving Lifestyle Balance**

COPPELL, TEXAS - July 13, 2009. Equanimity LLC, a magazine publishing company founded by Lumbie Mlambo (model/actress), released its special edition this week. The company is based out of Coppell, Texas. Equanimity magazine aims to empower, encourage, inspire, and restore life balance and hope in readers by sharing real-life stories of success and failure with readers. In addition, the magazine shares stories of emerging talent and secrets to productivity and success.

“I am very pleased at the progress we have made. This is a milestone for us and our community.” says Lumbie, “We began working on the magazine the day of President Obama’s Inauguration. Obama said each of us must do something in our community to help rebuild the economy. It’s not just Washington that’s going to fix the problem. I listened and took action immediately.” “Equanimity” refers to the quality of being calm and composed.

The special edition articles include “War Child – Nutt’s At War,” “10 ways to find balance,” “Drawing with Disabled Children,” and “You Are What You Eat.” Individual issues are available through the Equanimity website (<http://www.equanimitymag.com>) for a limited time offer of \$3.25 for a single issue. A subscription to Equanimity including four print editions is currently \$12.00 for one year for a limited time. Once this time ends, the subscription will cost \$15.96. The magazine officially launches in September, 2009.

Equanimity Magazine is the Program Sponsor at the 2009 Women’s Expo in Dallas, Texas August 28th-30th, 2009 (<http://www.adjuvantexpos.com/visions/index.html>). The Women’s Expo is dedicated to women’s needs for “shopping, inspiration, and fun.” The 2009 women’s expo features Arts and Crafts, wine tasting, cooking techniques, inspirational speakers, and pampering with a “Girls’ Night Out” Friday Night.

For additional information, or to schedule an interview, please visit the Equanimity website (<http://www.equanimitymag.com>) or contact Lumbie Mlambo at 817/705-6212 Lumbie@eqtmagazine.com.

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